

## Research Resources

A monthly newsletter of the

AOTF Institute for the Study of Occupation and Health

September 2012

Greetings to *Research Resources* colleagues:

What is the secret to a long and healthy life? Evidence suggests it may be really quite simple and consistent with what occupational therapy has promoted all along. **Stay active.**

Often, people associate the recommendation to stay active as only referring to the physical activities and fitness regimens that are important to our health. Through the occupational therapy lens on health and wellness, however, we understand that staying active requires us to have a full array of meaningful occupations that supports our participation in life.

There is growing support for staying active as an important strategy to promote health and wellness, especially as we age. The [Centers for Disease Control](#) (CDC) has a focus on healthy aging and in 2001, created the [Healthy Aging Research Network](#) as "a coordinated approach to develop, test, and share the best strategies for keeping older adults healthy." Nine universities have been awarded designations as members of this network with focus areas that relate to occupational therapy, including health-promoting environments, falls prevention, cognitive and mental health, meaningful social involvement, and physical activities.

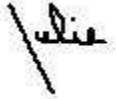
In 2006, I was privileged to serve as the chair of the American Occupational Therapy Association Board [Task Force on Health and Wellness](#). The final report from this task force summarized the opportunities to provide leadership in this emerging practice area along with the challenges we face. The action items proposed in the report are still relevant today for our involvement in healthy aging initiatives. We need more occupational therapists who contribute to practice, education, and research on prevention and health promotion, especially in interdisciplinary and national arenas like the CDC's Healthy Aging Research Network.

Mary Reilly's quote inspired many of us as we developed our purpose in life: *Man, through the use of his hands, as they are energized by mind and will, can influence the state of his own health.* So it is quite appropriate that the Institute of your American Occupational Therapy Foundation has made a commitment to the study of occupation and health and contributing this body of knowledge to national priorities for healthy aging.

This month, *Research Resources* features publications that include research on healthy aging and occupation-based interventions that promote health, wellness, life satisfaction and quality of life. We invite you to survey the sample assembled by our staff in the Wilma L. West Library.

As always, we welcome your ideas on ways we can improve this monthly newsletter, and we thank you for your support of AOTF.

Warm regards,



Julie D. Bass, PhD, OTR/L, FAOTA  
Associate Director  
Institute for the Study of Occupation and Health

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### AOTF Deadlines

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### Wilma L. West Library Resource Notes

#### Staying active for healthy aging

A significant number of articles addressing this topic exist in the occupational therapy literature. The articles below are less than ten years old, do not include studies of populations with specific diagnoses, and respond to the proposed questions.

#### What do older adults do?

Ball, V., Corr, S., Knight, J. & Lewis, M. J. (2007). [An investigation into the leisure occupations of older adults](#). *The British Journal of Occupational Therapy*, 70, 393-400.

Chilvers, R, (2010). [Investigation into the occupational lives of healthy older people through their use of time](#). *Australian Occupational Therapy Journal*, 57, 24-33.

Hägglom-Kronlöf, G. & Sonn, U. (2006). [Interests that occupy 86-year-old persons living at home: Associations with functional ability, self-rated health and sociodemographic characteristics](#). *Australian Occupational Therapy Journal*, 53, 196-204.

McKenna, K, Broome, K & Liddle, J. (2007). [What older people do: Time use and exploring the link between role participation and life satisfaction in people aged 65 years and over](#). *Australian Occupational Therapy Journal*, 54, 273-284.

[awards](#) -- October 1

[Scholarships](#) --  
November 15

## AOTF Facebook Page

### What you missed on Facebook

Our Facebook page posts links to news of a more immediate or personal nature. These are some of last month's postings.

An [increasing number of studies](#) emphasize the importance of play and recess to school children.

[Janet DeLoach](#), OT from Colorado State University, won the bronze medal in the long jump in London.

Abbott Labs will use the Modified Barthel Index (MBI) developed by [Surya Shah](#), PhD, OTR, FAOTA, for their multinational, multicenter brain injury research.



Like us on Facebook and keep up-to-date on news tailored for the OT community.

**Support AOTF**

Nilsson, I., Bernspång, B., Fisher, A. G., Gustafson, Y. & Löfgren, B. (2007). [Occupational engagement and life satisfaction in the oldest-old: the Umea 85+ study](#). *OTJR: Occupation, Participation and Health*, 27, 131-139.

### Why do older people do what they do?

Pereira, R. B., & Stagnitti, K. (2008). [The meaning of leisure for well-elderly Italians in an Australian community: Implications for occupational therapy](#). *Australian Occupational Therapy Journal*, 55, 39-46.

Rudman, DL. (2006). [Positive aging and its implications for occupational possibilities in later life](#). *Canadian Journal of Occupational Therapy*, 73, 188-192.

Wilcock, AA. (2007). Active Ageing: dream or reality. *New Zealand Journal of Occupational Therapy*, 54, 15-20.

### Do older adults want to remain active?

Bertera, E. M. (2003). [Physical activity and social network contacts in community dwelling older adults](#). *Activities, Adaptation & Aging*, 27, (3/4), 19-27.

Hocking, C., Murphy, J., & Reed, K. (2011). [Strategies older New Zealanders use to participate in day-to-day occupations](#). *The British Journal of Occupational Therapy*, 74, (11), 509-516.

Yuen, H. K., Gibson, R. W., Yau, M. K., & Mitcham, M. D. (2007). [Actions and personal attributes of community-dwelling older adults to maintain independence](#). *Physical & Occupational Therapy in Geriatrics*, 25, (3), 35-53.

### Can we measure their engagement in activity?

Eakman, A. M., Carlson, M. E., & Clark, F. A. (2010). [Factor structure, reliability, and convergent validity of the Engagement in Meaningful Activities Survey for older adults](#). *OTJR: Occupation, Participation and*

The American Occupational Therapy Foundation is a nonprofit organization dedicated to supporting our profession today and for the future. Gifts to AOTF help us make a real difference for so many people in our profession through:

\* Scholarships

\* Research support and publications including *Research Resources* and *OTJR*

\* Development and recognition of leadership

\* Education and maintaining the largest collection of occupational therapy resources in the country.

Learn more at [www.aotf.org](http://www.aotf.org) or [Donate Now](#).

**Watch this space for AOTF Events at the AOTA Annual Conference, San Diego, April 25-28, 2013**

Watch for news about

*Health*, 30, 111-121.

Hwang, JE. (2010). [Promoting healthy lifestyles with aging: development and validation of the Health Enhancement Lifestyle Profile \(HELP\) using the Rasch measurement model](#). *The American Journal of Occupational Therapy*, 64, 786-795.

### **Are occupation-based programs for older clients effective?**

Clark, F., Jackson, J., Carlson, M., Chou, C. P., Cherry, B. J., Jordan-Marsh, M. & Azen, S. P. (2012). [Effectiveness of a lifestyle intervention in promoting the well-being of independently living older people: results of the Well Elderly 2 randomised controlled trial](#). *Journal of Epidemiology and Community Health*, 66, 782-790.

Matuska, K., Giles-Heinz, A., Flinn, N., Neighbor, M., & Bass-Haugen, J. (2003). [Brief Report--Outcomes of a pilot occupational therapy wellness program for older adults](#). *The American Journal of Occupational Therapy*, 57, 220-224.

Mountain, G., Mozley, C., Craig, C., & Ball, L. (2008). [Occupational therapy led health promotion for older people: feasibility of the Lifestyle Matters programme](#). *The British Journal of Occupational Therapy*, 71, 406-413.

Mountain, G. & Craig, C.L. (2011). [The lived experience of redesigning lifestyle post-retirement in the UK](#). *Occupational Therapy International*, 18, (1), 48-58.

Yamada, T., Kawamata, H., Kobayashi, N., Kielhofner, G. & Taylor, R. R. (2010). [A randomised clinical trial of a wellness programme for healthy older people](#). *The British Journal of Occupational Therapy*, 73, 540-548.

### **Are occupational therapists conducting research in this area of practice?**

D'Amico, M. (2012). [Update on productive aging in the American Journal of Occupational Therapy 2011](#). *The American Journal of*

Foundation events --  
Breakfast with a  
Scholar, Research  
Colloquium, and our  
Gala.

**OTJR:  
Occupation,  
Participation and  
Health  
Online Advanced  
Release**

OTJR: Occupation, Participation and Health, published quarterly by the American Occupational Therapy Foundation, Inc., offers original research articles of professional interest to the practicing occupational therapist with a focus on occupation and fostering interdisciplinary research. Visit: [OTJR Online](#).

Articles appearing in this "Online Advanced Release" section have been peer-reviewed and accepted for publication in *OTJR: Occupation, Participation and Health* and posted online before print publication.

[Dutch Children's Perspectives on the](#)

*Occupational Therapy*, 66, e61-e72.

Murphy, S. L. (2011). [Centennial Vision---Update on geriatric research in productive aging](#). *The American Journal of Occupational Therapy*, 65, 197-206.

### Conference Announcements

[2012 OT State Conference: Navigating Change in an Ocean of Opportunity \(September 13-15, Cairns, Queensland\)](#)

The conference program has been designed to assist attendees to map their own path of professional excellence. AOTF's Executive Director Dr. Charles Christensen will be a keynote speaker.

[The 3rd Health & Wellbeing in Children, Youth and Adults with Developmental Disabilities Conference: Challenging Behaviour - The Tip of the Iceberg \(November 2012, Vancouver, British Columbia\)](#)

This multidisciplinary conference will provide updates on psychiatric, behavioral and complex health components specific to individuals with DD, and showcase best practices in the field.

[Sixth Australasian Occupational Science Symposium \(December 6, 2012, Bruce, Canberra\)](#)

Occupation for Population Health is theme of this symposium. Invited speakers from disciplines including public health, urban design, occupational science and prominent policy makers will present keynote addresses, participate in panels and facilitate small and large group discussions.

[LSVT Global Rehabilitative Therapy for People with Parkinson's \(September 23, 2012, Sunnyvale, California\)](#)

This is a free symposium on movement disorders and physical and occupational treatment for people with Parkinson disease (PD).

[The 25th National Occupational Therapy Australia Conference & Exhibition \(July 24-26, 2013, Adelaide, South Australia\)](#)

The conference theme is: Creating a unified foundation for our profession: research, practice and education. The Call for Papers closes on November 21, 2012.

[3rd Global Conference Trauma: Theory and Practice \(March 19-22, 2013, Lisbon, Portugal\)](#)

This conference seeks papers on a variety of issues related to trauma

[Constructs of the Child Occupational Self-Assessment \(COSA\)](#)

Marjon ten Velden, MSc OT; Lorna Couldrick, OT, MSc, CertEd; Astrid Kinébanian, OT, MSc Soc Sc; Gaynor Sadlo, PhD, DipOccThy

[Perceived Participation and Health-Related Quality of Life in 85 Year Olds in Sweden](#)

Kristina Lantz, BScOT; Jan Marcusson, MD; Ewa Wressle, MScOT

[Mental Health Payment-by-Results Clusters and the Model of Human Occupation Screening Tool](#)

Sun W. Lee, PhD, OTR/L; Kirsty Forsyth, PhD, OTR, FCOT; Mary Morley, D. OccT Dip COT, MHM, FCOT; Mike Garnham, Dip COT; David Heasman, MSc OT, Dip COT; Renee R. Taylor, PhD

[Validity of the Health Enhancement Lifestyle Profile-Screener \(HELP-Screener\)](#)

Jengliang Eric Hwang, PhD, OTR/L

including: the function of memory, memorial, and testimony; collective and cultural perspectives; the impact of time; and the management of personal and political traumas. [Call for papers due date: October 12, 2012.](#)

[Moving Ahead: Leveraging Knowledge and Action to Improve Health Care Quality \(September 9-11, 2012, Bethesda, Maryland\)](#)

Bethesda, Maryland, September 9-11, 2-12

This conference is sponsored by AHRQ and has six tracks.

[2012 AOTA Specialty Conference - Advanced Practice in Traumatic Injuries & PTSD: Lessons for Military, VA, & Civilian Practitioners \(September 7-8, 2012, San Antonio, Texas\)](#)

[2012 AOTA/NBCOT National Student Conclave - Students only \(November 9-10, 2012, Columbus, Ohio\)](#)

[2012 AOTA Specialty Conference - Adults with Stroke \(November 30 - December 1, 2012, Baltimore, Maryland\)](#)

## Online Resources

### Symposium on Health in the Year 2032

The Robert Wood Johnson Foundation and the Institute for Alternative Futures convened health leaders for an intensive two-day look into the future, using alternative scenarios of health and health care in 2032. A report to the nation with recommendations on how to improve health over the next two decades will be released in September. To preview the scenarios and recommendations, go to: [RWJF Scenario and Recommendations.](#)

### Free ACTOR Resources

AOTA and AOTF announce the availability of [video presentations and discussions](#) and [PowerPoint presentations](#) from the ACTOR Conference held on Dec. 1-2, 2011, with the generous support of the Agency for Healthcare Research and Quality.

## Education Opportunities

### [APHA Travel Scholarships](#)

The Disability Section of the American Public Health Association (APHA) announces a minimum of four\* \$1000 conference travel scholarship opportunities to attend the 2012 APHA Annual Meeting from October 27-31, 2012 in San Francisco, California. Applications are due by **September 12, 2012.**

[Parenting Stress and Sensory Processing: Children With Fetal Alcohol Spectrum Disorders](#) Tracy Jirikowic; Heather Carmichael Olson; Susan Astley

[Successful Aging in Older Adults With Disability](#)

John L. Liu; Pamela K. Richardson

[The Particularities of Engagement: Intersubjectivity in Occupational Therapy Practice](#)

Mary C. Lawlor, ScD, OTR/L, FAOTA

## Funding Opportunities

[Basic behavioral research on multisensory processing \(R21\)](#)

This RFA encourages research grant applications investigating multisensory processing in perception or other

## PhD Graduate Assistantship in Neurorehabilitation Available Fall, 2013

The [Neuromotor Recovery and Rehabilitation Laboratory](#) (the "RehabLab") and the Health and Rehabilitation Sciences Doctoral Program of The Ohio State University Medical Center is seeking a graduate student with a passion for collaborative clinical research, a practical, solution oriented approach toward solving complex clinical problems, and outstanding writing and communicative skills. For more information, contact [Dr. Steve Page](#).

[Training in Grantsmanship for Rehabilitation Research \(TIGRR\) \(January 15-19, 2013, Chapel Hill, North Carolina\)](#)

TIGRR brings together a nationally recognized group of mentors and consultants including representatives of federal funding agencies to provide guidance in grant writing, clinical trial design, biostatistics, informatics, collaboration, grantsmanship, budgeting, and career development through lectures and individual consultation. One-on-one mentorship will be followed-up with mentees and their home institution mentorship team to maximize success.

## Occupational Therapy: History in Focus

### The War that Launched a Profession - Part 1

While it is widely known that reconstruction aides used during World War I consisted of both occupational and physical therapy workers, there is little understanding of how this significant development occurred. The U.S. entered the war on April 6, 1917 only three weeks after the original incorporation of the Society for the Promotion of Occupation Therapy on March 17 in Clifton Springs, New York. Although "the Great War" (World War I) began in 1914, the United States officially

behavioral and social outcomes. Application due date **October 31, 2012.**

[Health Impact Project: Advancing Smarter Policies for Healthier Communities Program Grants](#)

This call for proposals supports: 1) Health Impact Assessments (HIA) demonstration projects that inform a specific decision and help to build the case for the value of HIA; and 2) HIA program grants to enable organizations with previous HIA experience to conduct HIAs and develop sustainable, self-supporting HIA programs at the local, state, or tribal level.

Brief proposal deadline: **September 14, 2012.**

Demonstration project grants proposal dealines: **September 28, 2012.**

[American Association on Health and Disability Accepting Applications for 2012-2013 Scholarship Program](#)

This program supports students with disabilities pursuing

maintained a position of neutrality until a series of events precipitated a preparedness movement, leading to passage of legislation to expand the readiness of the military for eventual war.

The principal organizers of the founding meeting in Clifton Springs were George Edward Barton and Dr. William Rush Dunton, Jr. Recognizing that an impending war might

provide an opportunity for catapulting the fledgling profession into the national spotlight, they took two important actions. First, they invited Mr. Thomas Kidner to attend the organizing meeting of the new Society for the Promotion of Occupation Therapy. Kidner was vocational secretary to the Canadian Hospitals Commission, and was advising the War Department in their preparations for dealing with the wounded soldiers who would return from the war. Canada had been involved in the war since its inception and Mr. Kidner was an expert in what we now call vocational rehabilitation.



Thomas Kidner (L) and William Rush Dunton, Jr.



Reconstruction aides and soldiers

Mr. Kidner's participation in the founding meeting led to his ongoing association with occupational therapy and influenced the decision to deploy occupational therapy workers as reconstruction aides during the short period that America was involved in the war before the armistice in 1919. Although the U.S. declared war in April 1917, General John J. Pershing, Commander of the American Expeditionary Forces, insisted that full scale troop deployment be delayed until forces were fully prepared. This provided additional time for the new society to lobby the surgeon general for use of occupation workers both on the front and in base hospitals organized to deal with returning soldiers.



higher education in a field related to disability and health. Deadline for submission is **November 15, 2012.**

**Join Our List**

Join Our Mailing List!

Quiroga, V. (1995) Occupational therapy: the first 30 years. Bethesda: AOTA., Original correspondence between George Barton and William Rush Dunton, AOTA Archives, Wilma L. West Library, AOTF, Bethesda.

*Photographs are from the AOTA Archives, Wilma L. West Library.*

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