

THE WILMA L. WEST LIBRARY

Pathfinder for Productive Aging

Scope

The purpose of the pathfinders created by the staff of the Wilma L. West Library is to provide occupational therapy practitioners and students, as well as consumers, starting points from which to begin to do research about a topic. A pathfinder is not a comprehensive listing of available resources but a guide to specific and reliable sources of information.

Introduction to the topic

“Leaders in the aging field are using the term *productive aging* to celebrate older adults’ capabilities, potential, and social and economic contributions. (Other terms include vital, creative, successful, optimal, active, or healthy aging.) Productive aging means continuing to live life.” (Retrieved from Creativity matters: The Arts and Aging Toolkit website on January 6, 2018 <http://artsandaging.org/?s=Chapters&q=productive+aging.>)

Online databases

AgeLine (EBSCO)

This database focuses exclusively on issues of aging and the population of people aged 50 years and older. Updated on a weekly basis, *AgeLine* is the premier online resource for social gerontology research.

OT SEARCH

OT Search contains over 46,200 citations for occupational therapy literature and related subject areas dating from the early 1900’s. Citations may include links to full-text content. It is a subscription-based service.

PubMed

PubMed comprises more than 27 million citations for biomedical literature from MEDLINE, life science journals, and online books. Citations may include links to full-text content from PubMed Central and publisher web sites. Access to this government-supported database is free.

Reference resources (print and electronic)

Barney, K & Perkinson, M. (Eds.). (2016). Occupational therapy with aging adults: promoting quality of life through collaborative practice. St. Louis, MO: Elsevier, Inc.

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Bethesda, MD: AOTA Press.

Cole, M.B. & Macdobaald, K.C. (2015). *Productive aging: an occupational perspective*. Thorofare, NJ: SLACK, Inc.

Hunt, L. & Wolverson, C. (Eds.). (2015). *Work and the older person: increasing longevity and well-being*. Thorofare, NJ: SLACK, Inc.

Moody, H.R. & Sasser, J.R. (2017). *Aging: Concepts and controversies*. 9th ed. Thousand Oaks, CA: Sage Publications.

National Prevention Council. (2016). [Healthy aging in action](#). Washington, DC: US Department of Health and Human Services, Office of the Surgeon General.

Associations, Foundations, and Organizations

[AARP](#) (American Association for Retired Persons)

[Centers for Disease Control and Prevention – Healthy Aging](#)

[MacArthur Foundation. Research Network on an Aging Society](#)

[National Council on Aging. Center for Health Aging](#)

[National Institute on Aging](#)

American Occupational Therapy Association

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Articles on the role of occupational therapy

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Arbesman, M. & Mosley, L.J. (2012). [Systematic review of occupation- and activity-based health management and maintenance interventions for community-dwelling older adults](#). *The American Journal of Occupational Therapy*, 66, 277-283. doi:10.5014/ajot.2012.003327.

Chilvers, R. (2010). [Investigation into the occupational lives of healthy older people through their use of time](#). *Australian Occupational Therapy Journal*, 57, 24-33. doi: 10.1111/j.1440-1630.2009.00845.x.

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Clemson, LM & Laver, KE. (2014). [Active ageing and occupational therapy align](#). *Australian Occupational Therapy Journal*, 61, 204-207. doi: 10.1111/1440-1630.12125.

Eagers, J., Franklin, R. C., Broome, K. & Yau, M. K. (2016). [A review of occupational therapy's contribution to and involvement in the work-to-retirement transition process: An Australian perspective](#). *Australian Occupational Therapy Journal*, 63, 77-292. doi: 10.1111/1440-1630.12300

Janssen, S.L. & Stube, J.E. (2014). [Older adults' perceptions of physical activity: a qualitative study](#). *Occupational Therapy International*, 21, 53-62. doi: 10.1002/oti.1361.

Krishnagiri, S.S.R., Fuller, E., Ruda, L. & Diwan, S. (2013). [Occupational engagement and health in older South Asian immigrants](#). *Journal of Occupational Science*, 20, 87-102. doi: 10.1080/14427591.2012.735614.

Levasseur, M. & Couture, M. (2015). [Coping strategies associated with participation and quality of life in older adults](#). *Canadian Journal of Occupational Therapy*, 82, 44-53. doi: 10.1177/0008417414552188.

Stanley, M., Richard, A. & Williams, S. (2017). [Older peoples' perspectives on time spent alone](#). *Australian Occupational Therapy Journal*, 64, 235-242. doi: 10.1111/1440-1630.12353.

Stav, W.B., Hallenen, T., Lane, J. & Arbesman, M. (2012). [Systematic review of occupational engagement and health outcomes among community-dwelling older adults](#). *The American Journal of Occupational Therapy*, 66, 301-310. doi: 10.5014/ajot.2012.003707.

Walker, E. & McNamara, B. (2013). Relocating to retirement living: an occupational perspective on successful transitions. *Australian Occupational Therapy Journal*, 60, 445-453.

Zingmark, M., Fisher, A.G., Rocklöv, J. & Nilsson, I. (2014). [Occupation-focused interventions for well older people: an exploratory randomized controlled trial](#).

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Reviewed and Updated January, 2018